

## Physical Examination Record for Foreigner (PERF)

### Notes:

1. You **MUST** choose the hospitals designated by Chinese Embassy at which you are applying for a Z visa. PTIP-SEP Tomahawk High School cannot provide precise information about these hospitals. It is therefore suggested that you consult with the Chinese Embassy to obtain the information.
2. ALL persons of 18 years or more must complete these medical examination procedures. It is not necessary for children younger than 18 years to complete this form.

### Guidelines:

1. The physical examination **MUST** be recorded on the standard form — **Physical Examination Record for Foreigner(PERF)**.
2. Attach a photo to your PERF prior to visiting your physician. Ask the doctor to place a chop (stamp) across the lower corner of the photo and onto the form. This is to clearly indicate that the person examined is the same person applying for Z visa (i.e. the passport photo and physical examination record photo are of the same person).**PLEASE NOTE: the chop or stamp is essential for all official Chinese documents. A signature alone will not suffice.**
3. **Stamp Requirement:** If the "Physical Examination Record for Foreigner" document is a single page with the print on both sides then the chop on one side of the page is acceptable. If the document is however, on two separate pages, then the document should be kept together and the chop should be placed on the middle fold of the two pages, with half circle of the chop on one page and the other half circle of the chop on the other page. Note that the same applies to the passport size photograph that is attached on the document, with half circle of the photo and the other half circle of the chop on the document.
4. HIV/AIDS and Venereal Disease test results must be documented in original laboratory reports.
5. The blood tests results should include hepatitis A and B [HBsAg]. (A kind of data that indicates your Viral Hepatitis situation.)
6. The original diagnosis of the chest X-ray must be signed and chopped (stamped) by the Doctor. It is important that the original X-ray film is provided for verification. Failure to do so will mean that it will need to be done again.
7. Original ECG strips are required and must be signed, chopped (stamped) by the Doctor.
8. All documentation is to be original. No photocopies will be accepted. Documents must be less than **six months** old at the time of arrival in China.
9. Original laboratory reports for all blood tests are required. The Chinese Quarantine Bureau only accepts laboratory reports that are clearly issued by a laboratory. The report should be computer generated and unalterable. For example, reports with sections of boxes to be ticked are not well received as they are easily altered.

10. The lab results should be signed and chopped (stamped) by the doctor who reads them and the lab or hospital that conducts them.
11. The AIDS/HIV test results will only be accepted if the test is termed HIV/AIDS. Make sure that your lab report states this and not some other designator code used to protect privacy.
12. After your arrival in China, your physical examination record will be passed to the Chinese Quarantine Bureau for verification. The Chinese Quarantine Bureau will give you the health certificate only after your physical examination result and documentation have been completed to their satisfaction. Otherwise, you will be requested to have a physical exam completed again in the clinic designated by the Chinese Quarantine Bureau.

Completing:

1. The completed PERF is one of the necessary supporting documents in applying for all the documents and certificates. Therefore, please scan the original and email the completed PERF to PTIP-SEP Tomahawk High School as soon as possible.
2. In rare cases, the Chinese Embassy may require the completed PERF and other medical examination documents before issuing you with the Chinese Embassy at an early stage to find out whether or not this is the case.