

Find Community Resources

Get connected to resources and support that promote health and well-being for you and your family.

Online Resource Directories

*Search and
connect to
programs, services
& resources*

- [Aspirus Find Help](#)
- [United Way 2-1-1](#)
- [WI Well Badger Resource Center](#)
- [Aging & Disability Resource Center of Central WI Resource Directory](#)

Hotlines for Mental Health & Substance Abuse

- [988 Suicide & Crisis Lifeline](#)
- [WI Addiction Recovery Helpline 211](#)
- [Uplift WI Peer Support Line 534-202-5438](#)

Lincoln County Resource Guides

- [Lincoln County Substance Use & Mental Health Resource Guide](#)
- [Lincoln County Food Resource Guide](#)
- [Lincoln County Guide to Affordable Dental Care](#)
- [Lincoln County Family Resource Guide](#)

Children & Family Resources

- [WI Wayfinder Children's Resource Network](#) - for families of children with delays, disabilities, special health care needs, and mental health conditions
- [First Breath Program](#) - Tobacco & Nicotine Cessation
- [Healthfirst Women, Infants & Children \(WIC\) Nutrition Program](#)
- lexi.buntrock [at] co.lincoln.wi.us (subject: Cribs%20for%20Kids%20Program) (**Health Department Cribs 4 Kids Program** - no cost pack n' plays for families who are low income. Email lexi[dot]buntrock[at]co[dot]lincoln[dot]wi[dot]us.)
- [Young Families Well Water Test Kit](#)- no cost to eligible residents

Free Health Screenings

- [WI Well Woman Program](#) - free preventative screenings for women who have little or no health insurance

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