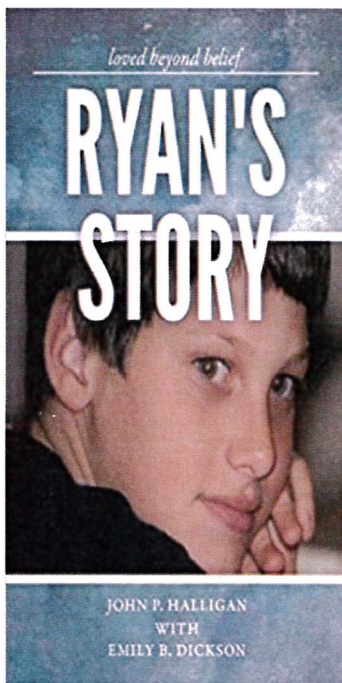


BUILDING RESILIENCY THROUGH EMPOWERMENT

A Father's Hard-Earned Lessons about Cyberbullying and its Effects

Presented by John Halligan, Author/Speaker



Adolescence is more challenging than ever before. Bullying and suicide are on the rise – an increase linked to social media and smartphone use. John Halligan's son, Ryan, died by suicide after being bullied by classmates at school and online. He was only 13 years old. His presentation will cover the lessons learned regarding how to deal with bullying, cyberbullying, and teen depression.

**This program is brought to you by the
School District of Tomahawk**

For more information, please contact:

**Wendy Simonis, Director of Pupil Services
1-715-453-2126 Ext 405
simonisw@myhatchets.org**

Monday, November 6

7PM – 8PM

School District of

Tomahawk

THS Cafeteria

LIFE-CHANGING LESSONS
INCLUDE:

What to look for and how to respond to suicidal ideation.

The three critical roles in any bullying situation.

An awareness of the latest suicide rates and their linkage to social media.

The common thread amount youth suicides.

A need for more focus on resiliency & coping strategies.

Practical actions to take moving forward.

A message of hope & forgiveness.