

School District of Tomahawk

Local Wellness Policy Triennial Assessment Report Card

Date Completed: December 3, 2025

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Wendell Quesinberry, quesinberryw@myhatchets.org.

Section 1: Policy Assessment

Overall Rating:
2.3

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
Drinking water is available for students during mealtimes.	3
All food and beverages sold to students during, before, and after school programs shall meet the USDA Smart Snack nutrition standards.	3

Nutrition Promotion	Rating
The District is committed to providing a school environment that encourages students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media.	2

Nutrition Education	Rating
Nutrition education shall be incorporated into the Health curriculum and other aspects of the curriculum, including science, math, language arts, and elective courses.	2
Nutrition education posters, such as the MyPlate guide, will be displayed in the cafeteria.	3
Instruction related to standards and benchmarks for nutrition education shall be provided by highly qualified teachers.	3

Physical Activity and Education	Rating
Schools shall encourage families to provide physical activity outside the regular school day, such as outdoor play at home, participation in sports sponsored by community agencies or organizations, and in lifelong physical activities like bowling, swimming, or tennis.	3
All students in grades 6-12 shall have the opportunity to participate in interscholastic sports programs.	3

Other School-Based Wellness Activities	Rating
Students, parents, and other community members shall have access to, and be encouraged to use, the school's outdoor physical activity facilities outside the normal school day.	1

Policy Monitoring and Implementation	Rating
The Wellness Committee shall evaluate compliance with the Wellness Policy no less than once every three years. The assessment will include the extent to which each school is in compliance with the policy and how the policy compares to a model policy, as established by the U. S. Department of Agriculture. The District will use the Wisconsin Local Wellness Policy Triennial Assessment Report Card to fulfill the triennial assessment requirement. The results of the triennial assessment will be made available to the Board and the public.	0

Section 2: Progress Update

Overall, the School District of Tomahawk strives to promote wellness. The District does an excellent job at meeting current policies and at times going above and beyond. In the future, the District will aim to include more detail in their policies to strengthen our score on the Wellness School Assessment Tool.

Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

Local Wellness Policy Strengths

The wellness policy is geared toward a health and wellness minded school community for students of all ages. The District works to provide activities that promote current wellness but also implement the introduction of healthy activities and hobbies that provide lifelong benefits beyond the student's time in school.

Areas for Local Wellness Policy Improvement

Restructuring the committee with a variety of school and community members to provide a broader spectrum of participation and input. Improve communications to families through our social media sources encouraging healthy eating and physical activity both at home and utilizing the District's facilities.

WellSAT Scores

WellSAT scores are calculated for comprehensiveness and strength. The comprehensiveness score reflects the extent to which recommended best practices are included in the policy. The strength score reflects how strongly the policy items are stated. Scores range from 0 to 100, with lower scores indicating less content and weaker language and higher scores indicating higher content and the use of specific and directive language.

Comprehensiveness Score:
{82}

Strength Score:
{58}