Jonahawk Elementary Newsletter

Issue No. 5| February 2024



February is upon us and that means spring is right around the corner, we are all looking forward to warmer weather. The students and staff are staying positive and working hard. You should be hearing from your child's classroom teacher shortly about Valentine's day activities. You will also be hearing about the spring parent teacher conferences. Spring parent teacher conferences will have the option of either being in person or virtual depending on what is worked out between yourselves and the teacher. I really feel that parent teacher conferences are important but they are not the only communication that should be ongoing. You and the staff can communicate whenever needed for your student's benefit.

If I can be of any assistance please let me know.

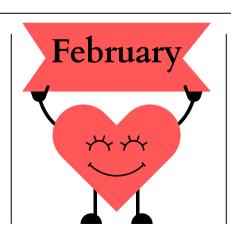
Mr. Steckbauer

February 6th Tuesday -Regional Spelling Bee 9:30am (Auditorium)

February 8th Thursday -Movie Day

February 13th Tuesday -Kindergarten field trip to Tomahawk Family Dental

February 13th Tuesday -Treehaven (Sennett/Neeb)



February 14th Wednesday -Valentine's Day Parties

February 15th Thursday -Treehaven (Hansmann/Holliday)

February 27th Tuesday -Kindergarten field trip to Tomahawk Family Dental



Elementary Newsletter



OFFICE REMINDERS

Please call in your child before 8:30am so your child is excused. If you are not able to call please send a note with your child when he/she returns to school.

Please provide medical notes in order to no count those absences.

Tomahawk Elementary School is required to enforce the regular attendance of students while school is in session.

Please call the office before 2pm if your plans change.

Our phones are busy at the end of the day and we can't guarantee we will get your message on time.

Thank You.



DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.

Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.
 Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine
- Lay out clothes and pack backpacks the night before.

 Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

For more on school readiness, visit attendanceworks.org and reachoutandread.org



Your best way to communicate with your child's teacher and participate in your child's learning, see student work, and celebrate progress is by downloading the Seesaw App, available on iOS and Android.

If you have any questions or need help getting connected please contact Annette Steltenpohl in the elementary office

Kids In Motion

"Kids In Motion" starts at 7:15 AM please have your student dropped off before 7:25am to attend "Kids In Motion"

Please do not drop off your student before 7:10am as there will not be adult supervision and the doors will not be open until then.

Thank you!

Bus Information

If there are any changes in your child's bus route, where your child has to ride a different bus other than their regular bus -please contact the bus company first (715) 453-3000 then let their teacher know of the changes



A BIG Thank You to everyone who has donated snacks, lunch bags, clothes, jackets, hats and gloves. We really appreciate you! Your kindness never goes unnoticed!

Thank you again for your continued support of our students at Tomahawk Elementary School!



Help Your Child Succeed in School: **Build the Habit of Good Attendance Early** School success goes hand in hand with good attendance!

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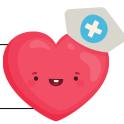
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When Do Absences Become a Problem? CHRONIC ABSENCE 18 or more days WARNING SIGNS 10 to 17 days GOOD ATTENDANCE 9 or fewer absences

Note: T hese numbers assume a 180 - day school year.



School Nurse Trina's Newsletter



Hello Friends!

January brought many of us an unwelcome holiday "cleanse" in the form of vomiting and diarrhea. Please ensure that any student with these symptoms remains home for 24hrs after their last episode. Should this happen in your home, be sure to keep hydration and sanitation at the forefront of your recovery.



In regards to the Tomahawk School Districts water source, the Tomahawk Leader writes (01/03/2024): "The (PFAS) results remain well below the current recommended drinking water standards and the water is considered safe for all uses including consumption...In September, results came back at just over 20 parts per trillion respectively. According to Hanna's update, the December results were around 21 parts per trillion...The city will continue both the required quarterly testing as well as some additional testing to determine if the PFAs are in the 'raw water' or are being introduced within the water system." The full article can be found here: https://www.wjjq.com/storydetails/20240103100 512/tomahawk city water samples continue to show elevated pfas levels safe for consumptio m/ Any new updates will be shared in future newsletters as they are released.

Each February, the American Dental Association (ADA) sponsors National Children's Dental Health Month to raise awareness about the importance of oral health. Developing good habits at an early age and scheduling regular dental visits helps children to get a good start on a lifetime of healthy teeth and gums. Please sign up with our Bridging Brighter Smiles team if your student is in need of services! Toothbrushes and toothpaste can be obtained for free from the Nurses Office at school, just ask!

Enrollment (English):

https://enrollment.bbsmiles.org/ Enrollment https://enrollment.bbsmiles.org/sp/

(Spanish):





Lastly, my friend Annabella has kindly painted this sign for the TES Health Office in anticipation of Baby Armstrong arriving in April. Staff and students have been encouraged to submit their guess of gender for bragging rights. I should really be putting a name suggestion box out there too, that is the tough part!

As always reach out if I can be of assistance in anyway,
Nurse Trina



News From Mrs. Anderson





MUISC PROGRAM AND ART SHOW FOR 2ND AND 4TH GRADES MARCH 13TH, 2024 @ 1 PM SCHOOL AUDITORIUM PLEASE ENTER DOOR #6



Mrs. McPherson's News



The School District of Tomahawk is enrolled in the Scripps National Spelling bee. In December and January classroom teachers held spelling bees for their students in grades 4-8. The outcome of these bees determined which students would qualify to participate in the school spelling bees.

On January 25th twenty-five 4th and 5th graders competed to determine our school's best spellers.

After 28 rounds Jayda Devillers was named our Champion Speller, Noah Jenson earned 2nd place and Jackson Jones came in 3rd. These 3 will be competing again at Regionals on February 6th. We are excited to be hosting Regionals at the Tomahawk School Complex this year! Regionals will be in our auditorium and the bee will begin at 9:30. We will have a total of 6 schools competing for Champion Speller on that day! Go Hatchets!









Battle of the Books is in full swing. Teams have met once a week during lunch all through January. They have had fun talking about the books they have read, matching titles and authors, playing Pictionary with book titles, taking quizzes, and playing Kahoot. It has been so enjoyable to listen to lively debate surrounding book discussions, and to kids working to convince their team of the correct answers. Teams work collaboratively to earn points each week and in February the top teams will compete in practice and final battles. If you need some recommendations for a great read I know these kids will be able to steer you in the right direction!







Hatchet Pride News

Our school will be focusing on Positive Attitude & Friendship in January. We have noticed that most behaviors at school are students being disrespectful, disruptive, and defiant. If you are receiving phone calls home about this type of behavior we are in need of your help! As teachers, we try at least 3 redirecting strategies before sending students to Mrs. V or calling Hawaii. Since we have been using so many strategies by this time of the year we need your help to know what is going on at home so we can work together as a team. Students are required to Be Respectful, Be Responsible, and Be Safe at school. Thank you for all your help and enjoy the reminders below to use with your students when encouraging positive attitudes and friendship this month!





LOVING KINDNESS MEDITATION

Engage your child in loving kindness meditation. It involves thinking of loved ones and sending them positive thoughts. The four traditional phrases are, "May you feel safe. May you feel happy. May you feel healthy. May you live with ease."

HELPING OTHERS



Your child could help others by assisting an elderly neighbor with yard work or chores, helping a friend with homework, or participating in a canned food or clothing drive. You could also make volunteering a family affair and regularly help out with a soup kitchen or other charitable organization.

RECORDING AWE MOMENTS



Encourage your child to create an Awe Journal. In the journal, they will record sights or moments from their daily lives that they find beautiful or extraordinary: a rainbow, a kind act, or even the smell of freshly baked cookies. Your child can record these moments with drawings, descriptions, poems, etc.

SETTING AND ACHIEVING GOALS



Encourage your child to set goals and visualize and plan for obstacles in advance. This is called the WOOP approach: Wish, Outcome, Obstacle, Plan. This approach makes it more likely that your child will actually achieve their goals, resulting in increased confidence and a more positive attitude.

SHARING POSITIVITY



Share positive experiences with your child. Laugh with your child, hug your child, set aside time to provide your undivided attention, and enjoy positive experiences together.

DEVELOPING NEW SKILLS AND TRYING NEW ACTIVITIES



Recognize your child's strengths and give them opportunities to develop them and experience success. If your child expresses interest in a new activity, let them try it out. You can even find new activities to try with your child in order to increase your shared positive experiences.

Practicing Positive Affirmations



Guide your child to come up with affirmations that are short, positive, and present tense: I am kind. I am enough. I am loving. Instead of giving your child instructions or requiring them to say affirmations, try to use them in a playful manner.

biglifejournal.com

FAMILY

Tuesday February 20, 2024 4:45 – 7:00 pm Elementary School

~Presenting Uncle Pancake-sign up information below

~Demonstrations by 1st grade students on Exercise Your Brain with Bal-A-Vis X

~Student work displayed throughout the hallways

Come and meet "Uncle Pancake" & watch
him throw a
delicious event!
To learn more about Uncle Pancake please
visit his website

To purchase event entry and sign up for this fun filled night please fill out the form below and return to the elementary office before Friday February 16th.

We look forward to seeing you!

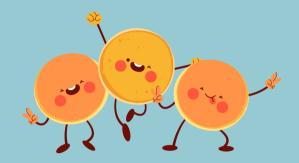


Meal Includes:
All the cakes you can eat
Two sausages
Butter

Syrup Milk



Child's Name



Classroom Teacher

Quantity

Adult Entry @ \$3.50 each

Student Entry @ \$2.50 each

Total Entry Amount

Tomahawk Elementary School Lunch Menu

Fresh fruit and vegetable bar served with all lunches on our Fruit And Vegetable Bar February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	Corn Dog Or Cheeseburger on a Bun Baked Beans, Vegetarian, Red/Orange Bell Pepper Applesauce	Italian Bake Garlic Toast Or Choice of Pizza Roasted Broccoli Red/Orange Bell Pepper Diced Pears
			Milk Choice	Milk Choice
Beef Hot Dog on a Bun Or Crispy Chicken Nuggets Whole Grain Dinner Rol I Golden French Fries Baby Carrots Peaches, Diced Milk Choice	6 Tacos Or Deli Sub Roasted Broccoli Baby Carrots Mixed Canned Fruit Milk Choice	Popcorn Chicken Or Hamburger on WG Bun Brown Rice Steamed Peas Pineapple Tidbit s Milk Choice	8 Choice of Quesadilla Or Crispy Chicken Sandwich Spiced Pinto Beans Baby Carrots Applesauce Milk Choice	9 NO SCHOOL
12 NO SCHOOL	Macaroni & Cheese Whole Grain Dinner Roll Or Ham Sandwich Roasted Broccoli Cherry Tomato Mixed Canned Fruit Milk Choice	Pancakes Cheese Stick Or Crispy Chicken Sandwich California Blend Vegetable Cherry Tomato Pineapple Tidbits Milk Choice	Popcorn Chicken Bowl OWhole Grain Dinner Roll Cheeseburger on a Bun Green Beans Cherry Tomato Applesauce Milk Choice	16 Cheese Pizza Or Turkey Sandwich Black Beans Cherry Tomato Diced Pears Milk Choice
Cheese Bosco Stick Or Crispy Chicken Nuggets Whole Grain Dinner Rol Steamed Green Beans Cherry Tomato Peaches, Diced Milk Choice	20 Beef Hot Dog on a Bun Or Turkey Sandwich Roasted Corn Cherry Tomato Mixed Canned Frui t Milk Choice	Cheese Quesadilla Or Chicken Patty on WG Bun Refried Beans Cherry Tomato Pineapple Tidbit s Milk Choice	22HOM - Oregano Pasta with Meat Sauce OWhole Grain Dinner Roll Cheeseburger on a Bun Roasted Broccoli Cherry Tomato Applesauce Milk Choice	French Toast Sticks Cheese Stick Or Cheese Pizza Glazed Carrots Cherry Tomato Diced Pears Milk Choice
Beefy Nachos & Cheese Or Crispy Chicken Nuggets Whole Grain Dinner Rol Green Beans Baby Carrots Peaches, Diced Milk Choice	27 Mini Corn Dogs Or Ham Sandwich Black Beans Baby Carrots Mixed Canned Fruit Milk Choice	28 Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Sandwich Mashed Potatoes & Gravy Baby Carrots Pineapple Tidbits Milk Choice	Popcorn Chicken Or Cheeseburger on a Bun Kung Fu Carrots Brown Rice Applesauce Milk Choice	This is for Food 4 Thought

Regular \$2.7
Reduced 5
Adult \$0.4
Extra Milk 0
\$4.6
5
\$0.4

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Andersons@myhatchets.org or call 715-453-2106 ext. 310



Download our app Taher Food4Life®



www.taher.com

Tomahawk Elementary School Breakfast Menu

Fresh fruit and vegetable bar served with all meals.

February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection	Mini Waffles Choice of Cereal Fun with D&J Crackers Juice Selection
			Fruit Selection Milk	Fruit Selection Milk
5	6	7	8	9
Mini Donuts Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	Cheese Omelet Sausage Patty Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	Homemade Coffee Cake Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	Chocolate Frosted Long John Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	NO SCHOOL
Milk	Milk	Milk	Milk	
12	13	14	15	16
NO SCHOOL	Strawberry Bagel Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Yogurt Parfait Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Egg Patty Sausage Patty Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Chocolate Chip Brekkie Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk
19	20	21	22	23
Pancakes Sausage Patty Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Sausage Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Banana Blueberry Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Cinnamon Roll Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	Schoolate Dipped Strawberry Mini Donut Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection
26	27	28	29	
Brekkie Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	Choice of Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	Choice of Snackbread Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	Mini Eggo Waffles Choice of Grain Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection	
Milk	Milk	Milk	Milk	This is for Food 4 Thought

PRICES

 Regular
 \$1.5

 Reduced
 5

 Adult
 Free

 Extra Milk
 \$2.5

 0
 \$0.4

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Andersons@myhatchets.org or call 715-453-2106 ext. 310





