


Principal Updates




As we move forward together this school year, I want to take a moment to celebrate the power of teamwork and cooperation. At TES, we believe that when students, teachers, and families work together, amazing things happen! Just like a team, each of us plays an important role in creating a positive and supportive learning environment where every child can thrive.

This month, we will be focusing on the values of teamwork and collaboration in our classrooms and school community. Whether it's through group projects, buddy work, or helping a friend, our students are learning that we can accomplish more when we support and encourage one another.

Mark your calendars for these exciting upcoming events!

 **Spring Break:** School will be closed from March 24 to March 28—we hope everyone enjoys a restful and refreshing break!

 **Spring Program:** Our 2nd and 4th graders will take the stage for their Spring Program on Wednesday, March 12, at 1:00 PM. We can't wait to see them shine— families and friends are welcome to attend!

Thank you for being a vital part of our school family. Your involvement, encouragement, and partnership make all the difference! Let's continue to work together to make this a wonderful year for our students.

With appreciation,
Sheri Woodall
Principal

Strong Attendance to Spring Break

Since returning from Winter Break, families and students have persisted to keep learning and engaged! We appreciate everyone's hard work and commitment to our school community. Thank you, thank you!

In the weeks leading up to Spring Break, please continue to stay committed to regular school attendance. Talk with your children about checking out all of the activities our school and community have to offer and have them consider getting involved. Building connections at school increases attendance and overall achievement.

As long as your student is healthy, as always, please be sure they attend regularly. If your family or your student needs support, please reach out for help.

We wish you a restful and refreshing spring break. School will be back in session on Monday, 3/31.

Every day of school is an important opportunity for students to learn and connect to peers and staff!



Tomahawk Elementary School

MARCH



March 4th

PTO Meeting at 6:00pm

March 10th & 11th

Dress Rehearsal for Spring Concert

March 4th, 5th, & 6th

Bridging Brighter Smiles

March 12th

2nd and 4th Grade Spring Concert at 1pm

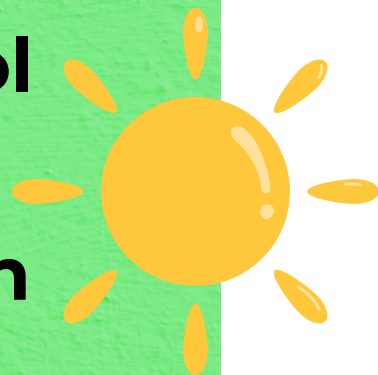
March 4th

T/TH 4K Field Trip to Eagle River Children's Museum



Spring Break: No School

March 24th- March 28th





Tomahawk Elementary School



Office

Attendance

Please call the office before 8:30 a.m. if your child will be absent due to sickness or an appointment. If your child attends an appointment please send in their medical note.

Your child must be picked up promptly at their designated pick up times (see below).

Please communicate with your child's teacher for any changes on pick up

Seesaw

Seesaw is our main communication between parents and teachers. Please utilize this app for any changes on your students end of day plans, questions and concerns.

****Please include office staff in the message if it is regarding absences.**

Pick up times

- **Door #10** - Grades 4K, @ 3:05 5K & Grade 1 @ 3:10
- **Door #9** - Grade 2 @ 3:10
- **Door #8** - Grades 3, 4 & 5 @ 3:12

Drop off times

Door #10 - Grades 4K and 5K

Door #8 - Grades 1, 2, 3, 4 & 5

Doors open 7:50 a.m.

The Elementary is looking for donations of healthy snacks for our students during their snack breaks. If you are able to help, that would be greatly appreciated. Please drop off at the Elementary Office.





Nurse Trina's Newsletter

Hello Friends,

We are so close to another much deserved break! Hang in there. There is an illness cheat sheet at the end of this month's newsletter that you may find helpful, along with information regarding the new Red Dye No. 3 Ban. We will continue the fluoride conversation as well.

Fluoride: The Misunderstood Mineral Continuation of January and February Newsletters...

Part 3: Implications for our city and students

Lack of fluoride in our city's water system raises concern for students (and community members) for the following reasons:

1.) Dental caries (cavities) is one of the most common chronic diseases in children and can have lifelong consequences. It disproportionately impacts children who are racial minorities, come from low-income families or have special needs (approx 50% of Tomahawk School District students qualify for free and reduced lunch). Decades of research support the safety and effectiveness of fluoride to prevent caries.
https://publications.aap.org/aapnews/news/30299/AP-ADA-stand-by-fluoride-recommendations?autologincheck=redirected&utm_source=Children%27s+Wisconsin+-+Master+Mailing+List&utm_campaign=0cab437c52-CHAW+Oral+Healthy+eBytes%3A+January+2018_COPY_01&utm_medium=email&utm_term=0_fda96f3218-0cab437c52-236909749

2.) Lincoln County is considered by many to be a "dental care desert". Currently, zero dental offices in Lincoln County accept ForwardHealth Medicaid pediatric clients. This forces caregivers to travel for dental services. Barriers in such cases may include: transportation, limited time away from work and/or school and limited finances for travel and/or care.

3.) Those who were previously benefiting from city water fluoridation may now have to follow up with their primary care providers and/or dental offices to discuss other ways of supplementing fluoride. Well water testing through the Health Dept may also be useful to determine if there is any naturally occurring fluoride in the water.

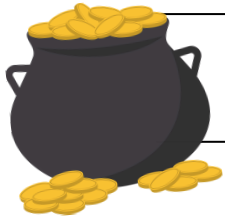
If a majority of the city votes YES to re-introduce fluoride to the city's water system in April, it will not be instantaneous. Retrofitting the storage room will take time and many moving pieces. It should also be noted that the water portion of each individual's utility bill would reflect the need to improve the fluoride housing space. To what dollar amount, we cannot say for certain. Many factors such as building prices, rate scales and spreading the cost out over time would come into play. Communities of 1,000 or more people see an average estimated return on investment (ROI) of \$20 for every \$1 spent on water fluoridation. The return on investment for community water fluoridation increases as the community size increases, but even small communities save money.



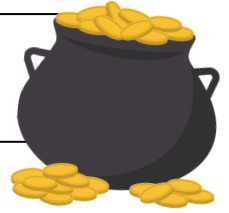
About Community Water Fluoridation

Learn how water fluoridation prevents cavities and improves oral health.

 Community Water Fluoridation / Sep 12, 2024



Nurse Trina's Newsletter



Red Dye No. 3

- What is it? A synthetic dye found in foods, drinks and medications. It is often described as "cherry red"
- What is the concern? It has been found to cause cancer in rats and change behavior and mood in children
- How soon will it be recalled/replaced? Food manufacturers have until January 2027 to eliminate Red No. 3 from their products. But some manufacturers could reformulate more quickly.
- Does this raise concern about all food dye? Sort of... low income communities and children are exposed to more dyes than other populations. Think fun colors, shelf stable and cheap foods.

- "Eugene Arnold, a child and adolescent psychiatrist with Ohio State University, says the evidence for some dyes is stronger than others. For example, yellow No. 5, also known as tartrazine, has been linked to irritability, restlessness and depression in some children. Evidence from animal studies have indicated several synthetic food dyes can affect memory and learning."

- Other dyes including blue No. 1, green No. 3 and Red No. 40 have been shown to have neurobehavioral impacts on kids (California has banned these dyes).

- What should parents/guardians do? Stick to the basics... eat whole, real fresh foods when possible. Fruits, veggies, whole grains and lean proteins are always a great option! If it doesn't have a label, you likely don't have to worry about what you are eating. Don't panic if your student eats a bright colored birthday treat and/or candy, just ensure it is that...a treat (not the norm).



Beyond Red Dye No. 3: Here's what parents should know about food colorings

Food companies have two years to get Red Dye No. 3 out of their products. But other synthetic dyes have also raised concerns, because of behavioral issues in kids. Here's what parents need to consider.

 NPR / Jan 18

All things in moderation!

**Stay well,
Nurse Trina**



Is it **Influenza (Flu),** a **Cold, or**

Whooping Cough?

Symptoms Flu

Cold

Whooping Cough

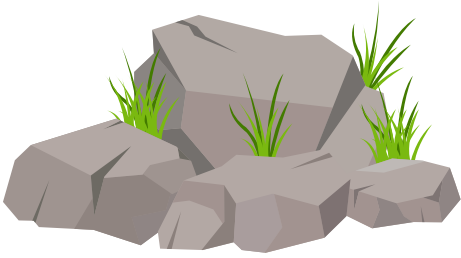
Fever		Usually present and high (102–104°F or 39–40°C); typically lasts 3–4 days	Uncommon in adults and older children	Uncommon. If present, typically mild (99.5–100.4°F or 37.5–38°C)
Headache		Very common	Uncommon	Uncommon
Aches and pains, muscle aches, chest discomfort		Common, often severe	Slight to moderate	Uncommon
Fatigue and weakness		Moderate to severe; can last up 14-21 days	Mild	Mild to moderate
Extreme exhaustion		Very common in early illness	Extremely rare	Rare
Stuffy or runny nose		Sometimes	Common	Common, early in disease
Sneezing		Sometimes	Common	Common, early in disease
Sore throat		Sometimes	Common	Uncommon
Cough	Type	Non-productive ("dry") cough is typical; nighttime cough rare	Hacking cough, often productive; nighttime cough rare; usually responds to cough medications	Variable; fits and attacks and nighttime cough are common; characteristic high-pitched "whoop" sound, generally not responsive to cough medications
	Severity	Moderate	Mild to Moderate	Variable; can be mild in adults and very severe in infants and young children
	Duration	Typically 3-7 days; occasionally to 14 days	Typically 3–7 days	Persistent cough, almost always more than 1 week, usually 2-6 weeks, sometimes more than 10 weeks
	Cough attacks/fits	Uncommon	Rare	Common
Infectious Period		1–2 days before symptom onset to 5–10 days after	Variable; typically 4–7 days after symptom onset; can be longer	From start of increased mucus production (before cough begins) to 21 days after cough starts*

*or until taking five days of appropriate anti-pertussis antibiotics.

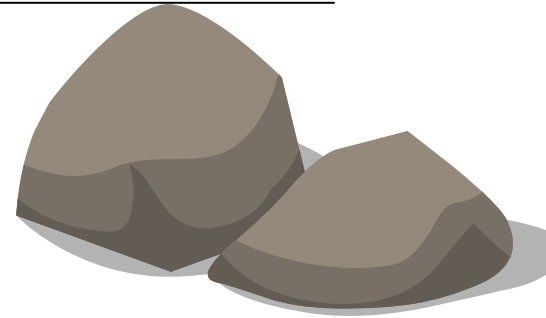




Tomahawk Elementary School



Music



Second and Fourth grade students will present

"We Rock"

Featuring the Fine Arts Program 2025

**Wednesday March 12 at 1pm
in the Auditorium**

Doors open 30 minutes before show time
Enter through district office door #6
Students will return to class after program

The programs are, yes, all about rocks, and a little bit of rock music too.

The books being used,

Rock What Ya Got & Rock it A Lot by Samantha Berger and **A Rock is Lively**
by Dianna Hutts Aston, focus on the many kinds of rocks, sizes, shapes,
minerals, etc and "rocking" what makes each of us unique.

Red, White and Blue Day Choir soon to begin

All students in 3rd, 4th, and 5th grade are eligible for the
RWB Day Choir.

This choir meets before school on Tuesdays beginning
right after spring break on Tuesday April 1st





Third, Fourth and Fifth graders here at TES now have the opportunity to join an eight-week choir made up of students who want to sing for Red, White, and Blue Day this spring. This choir will meet in the elementary music room **before school on Tuesdays promptly at 7:30am, therefore students in the choir need to have a ride to school on Tuesdays.** The choir will be directed by Mrs. Anderson (elementary music teacher) and by Mr. Colburn (MS and HS choir director).

Students who join this choir will be featured at the all school Red, White, and Blue Day program at 1:30pm on Thursday, May 22nd of this year.

The choir will begin on Tuesday, April 1st, right after spring break, and continue each Tuesday morning through May 20th.

Watch for a letter/contract coming home soon in Monday folders or print/ return the one below:

----- return contract prior to Spring Break Friday, March 21st -----

Before School Red, White, and Blue Day Choir Contract 2024

I, _____,
(first and last name please print)

would like to be in the 3rd, 4th & 5th Grade Choir for Red, White, and Blue Day this Spring.

I understand that I must follow all school rules and attend rehearsals faithfully

I realize I can be removed from the choir if I choose to be disruptive or interfere with rehearsal time.

I understand that my prompt and faithful attendance will help to make our choir successful. I do have transportation arrangements to arrive for choir on Tuesday mornings by 7:30am.

Entrance 7 will be open starting at 7:15

student signature (first and last name)

date

grade in school

classroom teacher's name

parent signature

date



Tomahawk Elementary Newsletter



Exploring Careers: Preparing for the Future

Counselors Corner

xello
Creating Successful Futures



Our 4K–5th grade students will soon be diving into career exploration, where they will begin to understand important questions about the world of work, such as:

- What jobs interest me?
- Why do people work?
- What are the conditions under which people work?
- What level of training and education do different jobs require?
- What behaviors are expected in the workplace?
- How are expectations at school related to those in the world of work?

During this unit, students will reflect on their interests and skills, helping them build awareness and confidence in making future career choices. Research shows that children's perceptions of work are shaped by family, school, and media, making early career awareness an important part of their development.

To help support your child's understanding of careers, we encourage you to review this Career Development Parent Guide. If you have any questions or would like more information, please feel free to reach out.

Thank you for partnering with us to help prepare our students for future success!



Mrs. Denise Peissig (Grades 1, 2, 4)
(715) 224-7130

peissigd@myhatchets.org

Exploring Interests and Careers with Xello

Our 3rd–5th grade students are working on self-discovery and future planning through Xello, an interactive online program designed to help students explore their interests, skills, and career possibilities.

With Xello, students will have the opportunity to reflect on their strengths, record their learning experiences, and explore careers that align with their unique talents and preferences. This program encourages students to think about their future and develop skills that will support their academic and career success.

Parents and guardians can learn more about Xello and the student experience by visiting www.xello.world. As students gain a deeper understanding of themselves and their work preferences, they will be better prepared to make informed decisions about their future.

If you have any questions or would like to learn more please feel free to reach out.



Ms. Samantha Perkins (Grades 4K, K, 3, 5)
(715) 224-7131

perkinss@myhatchets.org



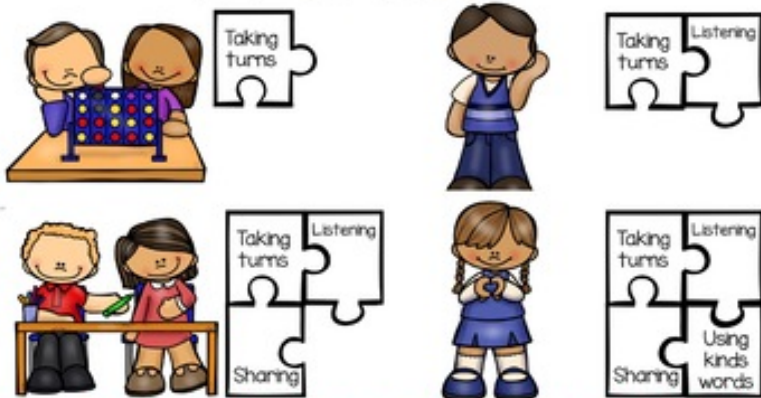
Tomahawk Elementary Newsletter



Hatchet Pride

Hatchet Pride News - Our school will be focusing on **Cooperation and Teamwork** in March. Take a look at the pictures on the page to help with reinforcing this at home. Please take time to discuss with your students that the school rules are different from home rules as this comes up in conversations this time of year.

Students are required to Be Respectful, Be Responsible, and Be Safe at school. Thank you for all your help!

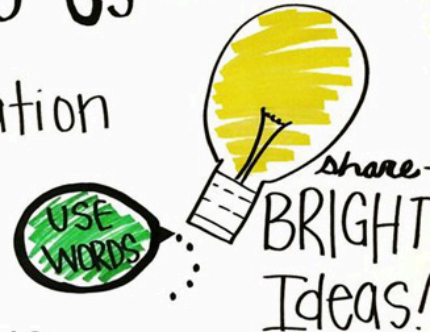


WHAT DOES COOPERATION LOOK LIKE?

what is... TEAMWORK?

— THE 3 Cs —

- 1 Communication
- 2 cooperation
- 3 courage



— PHRASES —



Mrs. Courtney Sennett
PBIS

sennettc@myhatchets.org

Mrs. Linda VanStrydonk
PBIS

vanstrydonkl@myhatchets.org

Tomahawk Elementary Newsletter

Literacy

On February 13th, 6 students from Tomahawk Schools traveled to Three Lakes to compete in the Regional Scripps National Spelling Bee.

Hatchet Spellers represented

Tomahawk well in the bee taking 4 of the top 7 places. After several rounds of spelling 8th grader Matilda VanAsten triumphed as the Champion Speller and will be headed to compete in the Badger State Bee in Madison on March 29th. Her alternate is Tomahawk Middle School 6th grader Jayda DeVillers.



Battle of the Books is an academic competition that we participate in every year. During the summer WEMTA (Wisconsin Educational Media and Technology Association) publishes a list of 20 great books that students can read and discuss throughout the year. Then in November and

December the students signed up to participate in our school battle and formed teams of 4 (more or less in some cases). This year we had 6 dedicated teams made up of 21 4th and 5th graders. This week our top team, The Reckless

Readers, took The State Battle. We will be waiting anxiously to see the results from the State Battle of the Books Board. It was so exciting to watch these kids have intense discussions about great books that they loved reading. They read the question and debated which book could be the correct answer, backing up their claims with evidence that supported their argument to their team. Great communication, problem solving, and the power of persuasion were all in use!

Congratulate Lauren Winter, Jameson DeVillers, Iona Oates, and Evelyn Stogbauer if you see them!



Mrs. Angela McPherson
Reading Specialist & School Bee Coordinator
(715) 453-2126

mcphersona@myhatchets.org

Tomahawk Elementary School

PARENT & STUDENT INFORMATION SHEET

This sheet has been compiled with answers to frequently asked questions about TES, along with helpful links, as the 2024-25 school year begins.

TES Parent/Student Handbook

Answers to many common questions can be found in the handbook



TES Handbook



Link is found on the TSD Website under the "Families" tab

Important Procedures/Policies/Info.



ABSENCES/APPTS

Please call the Elementary Office at 715-453-2126 to report any absences or appointments for your student



DROP OFF

Door #10 - Grades 4K and 5K
Door #8 - Grades 1, 2, 3, 4 & 5

Doors open at 7:50



PICK UP

Door #10 - Grades 4K, @ 3:05
5K & 1 @ 3:10

Door #9 - Grade 2 @ 3:10
Door #8 - Grades 3, 4 & 5 @ 3:12



SKYWARD ACCESS

Check your Skyward Family Access your account to make sure it is updated for the school year



SEESAW

Used for weekly communication. Check to see that you are connected with your student's current teacher. For help please contact Annette Steltenpohl in the elementary office



SCHOOL LUNCHES

Lunch pin # is needed for purchases Contact Sandy Anderson at 715-224-7046
TSD Food Service

Important Procedures/Policies/Info.



TOMAHAWK BUS SERVICE

For pick up and drop off times please
contact the bus company
(715) 453-3000



KIDS IN MOTION

Kids In Motion will begin Monday
September 16 @ 7:15 a.m. Your
student must arrive before 7:25
a.m. to attend Kids In Motion



WATER BOTTLES

We encourage you to send a water
bottle with your student to school.
(no glass please)



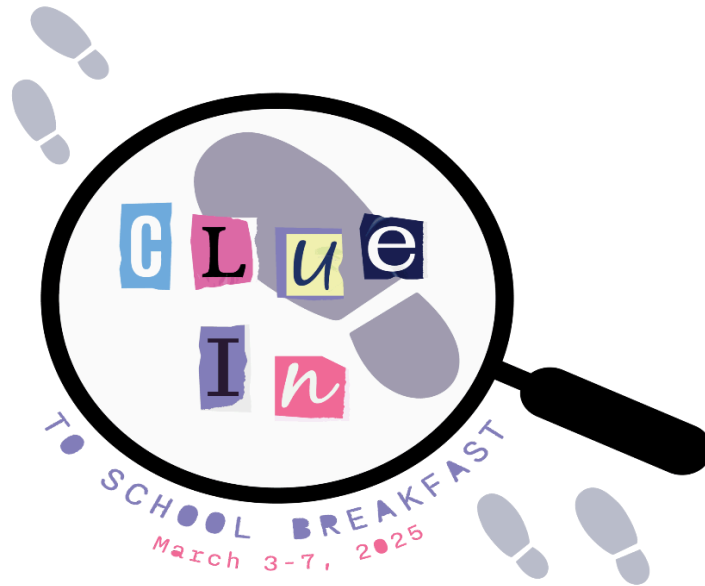
DRESS FOR THE WEATHER

Please keep the weather in mind and
dress your student appropriately.



New TES Staff 2024-25

Name	Position
Mrs. Gina LeTempt	1st Grade
Ms. Morgan Ernst	2nd Grade
Ms. Hannah Fisher	2nd Grade
Mr. Jeff LeTempt	2nd Grade
Ms. Emily Bublitz	3rd Grade
Mrs. Renee Heinrich	3rd Grade
Mr. Matt Schmidt	4th Grade Special Ed.
Mrs. Katie Mackin	4th Grade
Ms. Ava Magee	5th Grade Special Ed.
Ms. Richelle Swan	5th Grade
Ms. Sam Perkins	School Counselor



Clue In to School Breakfast: March 3-7, 2025

National School Breakfast Week is March 3-7 2025 National School Breakfast Week (NSBW) celebrates the importance of a nutritious school breakfast in fueling students for success. This special observance during the first week of March celebrates the National School Breakfast Program and the many ways it gives kids a great start every day.

Did you know children who eat breakfast are more likely to

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory
- Be more alert and maintain a healthy weight

but when the school week gets busy, it's easy for students to rush out the door in the morning without having a nutritious meal. That's why school breakfast is such a great option! In fact, students who participate in school breakfast tend to have better attendance rates and fewer behavioral problems.

At Tomahawk School we will be celebrating during the week with samples of different breakfast items along with regular breakfast items.



Happy Birthday



HAPPY BIRTHDAY TREATS!

SURPRISE YOUR CHILD WITH A BIRTHDAY
TREAT IN THEIR CLASSROOM! TREATS ARE
DELIVERED TO THE CLASS.
THE FOLLOWING ITEMS AVAILABLE:



COOKIES \$8 DOZEN.
RICE KRISPY BAR \$13 DOZEN
BROWNIES \$12 DOZEN
CUPCAKES \$12 DOZEN
BAGGED SLICED APPLES & CARAMEL \$15
DOZEN

PLEASE CALL AT 715-224-7046 OR
ANDERSONS@MYHATCHETS.ORG

ORDERS MUST BE PLACED 5 DAYS IN ADVANCE.



Tomahawk Elementary School Breakfast Menu

March 2025

Fresh fruit and vegetable bar served with all lunches on our Fruit And Vegetable Bar



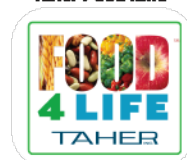
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 National School Breakfast Week Detective Bagel Choice of Cereal Scooby Doo Crackers Fruit Selection Juice Selection Choice of Milk	4 "Clue in to School Breakfast" Undercover Toasted Cheese Sandwich Choice of Cereal Scooby Doo Crackers Fruit Selection Juice Selection	5 Sherlock Holmes Coffee Cake Cheese Stick Choice of Cereal Scooby Doo Crackers Fruit Selection Juice Selection Choice of Milk	6 Shaggy's Cheese Omelete Hashbrown Choice of Cereal Scooby Doo Crackers Fruit Selection Juice Selection Choice of Milk	7 Blue's Clues Banana Bread Choice of Cereal Scooby Doo Crackers Fruit Selection Juice Selection Choice of Milk
10 Pancakes & syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	11 Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	12 Blueberry Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	13 Cinnamon Roll Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	14 Yogurt Parfait Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
17 Brekkie Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	18 Sausage Breakfast Pizza Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	19 Banana Chocolate Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	20 French Toast Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	21 Donut Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 Cinnamon Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	1			This is for Food 4 Thought

PRICES	EXTRA INFO
Regular	\$1.55
Reduced	Free
Adult	\$2.50
Extra Milk	\$0.40

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Andersons@myhatchets.org or call ext. 310



Your MENUS plus more information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.



Tomahawk Elementary School Lunch Menu

March
2025

Fresh fruit and vegetable bar served with all lunches on our Fruit And Vegetable Bar

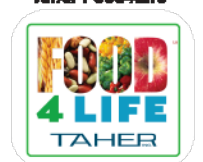
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey Sandwich Sweet Potato Tots Vegetable Selection Fruit Selection Choice of Milk	4 Nachos Hot Dog on a Bun Roasted Broccoli Vegetable Selection Fruit Selection 1% Unflavored Milk	5 Fish Sticks Classic Cheeseburger Roasted Carrots Vegetable Selection Fruit Selection Choice of Milk	6 United Tastes of America Crispy Chicken Sandwich Ham Sandwich French Fries Vegetable Selection Fruit Selection Choice of Milk	7 Homemade Cheese Pizza Crispy Chicken Wrap Black Beans Vegetable Selection Fruit Selection Choice of Milk
10 Popcorn Chicken Bowl Meatballs & Gravy Mashed Potatoes Glazed Carrots Vegetable Selection Fruit Selection Choice of Milk	11 Roasted Beef Hot Dog on a Bun Choice of Tacos or Nachos Roasted Corn Vegetable Selection Fruit Selection Choice of Milk	12 Tacos Lettuce, Tomato and Cheese Crispy Chicken Sandwich Refried Beans Vegetable Selection Fruit Selection Choice of Milk	13 Creamy Chicken Spaghetti Whole Grain Dinner Roll Classic Cheeseburger Roasted Broccoli Vegetable Selection Fruit Selection Choice of Milk	14 Cheese Bosco Sticks Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Green Beans Vegetable Selection Fruit Selection Choice of Milk
17 Happy St. Patrick's Day Chicken Tenders Whole Grain Dinner Roll Ham Sandwich Sweet Potato Tots Vegetable Selection Shamrock Jello Fruit Selection	18 Fish Sandwich with Cheese on Ciabatta Corn Dog Spiced Pinto Beans Vegetable Selection Fruit Selection Choice of Milk	19 Meatloaf Whole Grain Dinner Roll Crispy Chicken Sandwich Mashed Potatoes Vegetable Selection Fruit Selection Choice of Milk	20 BBQ Pork Sandwich Classic Cheeseburger Kung Fu Carrots Vegetable Selection Fruit Selection Choice of Milk	21 Homemade Cheese Pizza Turkey Sandwich Roasted Broccoli Vegetable Selection Fruit Selection Choice of Milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 HOM - Meyer Lemon Whole Grain Dinner Roll Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey Munchable Steamed Peas Vegetable Selection Fruit Selection Choice of Milk	1			

PRICES	EXTRA INFO
Regular	\$2.75
Reduced	\$0.40
Adult	\$4.65
Extra Milk	\$0.40

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Andersons@myhatchets.org or call ext. 310



Your **MENUS** plus more information on our app
Taher Food4Life®



www.taher.com

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